

February 2019

9-12 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Chicken Stir Fry
Menus Subject to Change				4 oz 100% Juice (15) ½ c Fresh Apple(15) 1c Broccoli (5) ¾ c Stir Fry Rice [1MMA, 1OEG] 1 oz Roasted Chicken 1 oz Cookie [1OEG] (13) Milk (12)
4 Popcorn Chicken Parmesan	5 Cheese Quesadilla	6 Chicken Patty	7 Corn Dog	8 Beef Burrito
4 oz 100% Juice (15) ½ c Applesauce (15) ¾ c Green Beans (7) 1.5oz Popcorn Chicken [1.5MMA, 1.5OEG] 0.5oz Mozzarella Cheese ½ c WG Pasta [1 OEG (41) ¼ c Marinara (7) Milk(12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Kernel Corn(18) WG Cheese Quesadilla [2MMA, 2OEG] (39) Taco Sauce Packet Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1c Broccoli (5) 2 oz Chicken Patty [2MMA, 1OEG] (16) on WG Bun [2OEG] (16) BBQ Packet(5) Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup(15) 1c Baby Carrots (20) Corn Dog [2MMA, 2OEG] Ketchup(3) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) 1c Mexi Beans (23) 1.5oz Seasoned Beef 0.5oz Cheddar Cheese WG Tortilla [2OEG] (19) Taco Sauce Packet Milk (12)
11 Breakfast Sandwich	12 Cheese Pizza	13 Mac & Cheese	14 Chicken Nuggets	15 Salisbury Steak
4 oz 100% Juice (15) ½ c Applesauce (15) 1c Tater Tots (24) 1.5oz Scrambled Egg Patty 0.5oz American Cheese 2oz English Muffin [2OEG] (24) Ketchup (3) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Baby Carrots (20) WG Cheese Pizza [2MMA, 2OEG] (24) Ranch Packet Milk (12))	4 oz 100% Juice (15) ½ c Banana (15) 1c Broccoli (6) 2 oz Cheese Sauce 1 c WG Rotini [2OEG] (41) 1 oz Shredded Cheese Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup(15) 1c Hickory Beans (52) 5 WG Chicken Nuggets [2MMA, 1OEG] (34) BBQ Packet(5) 1 oz Cookie [1OEG] (18) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) 1c Green Beans (7) ½ c Egg Noodles [1OEG] (39) 2 oz Homemade Salisbury Steak w/ Gravy 1 oz Dinner Roll [1OEG] (13) Milk (12)
18 Presidents' Day	19 Hot Dog	20 Hamburger	21 Chicken Parmesan	22 Turkey Ham Dinner
No Service	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Baked Beans (24) 2 oz Turkey Hot Dog 2 oz WG Bun [2OEG] (21) Mustard/ Ketchup (3) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1c Diced Carrots (7) 2 oz Beef Patty WG Bun [2OEG] (19) Ketchup (3)/ Mustard Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup(15) ¾ c Green Beans (5) 2 oz Chicken Patty[2MMA, 1OEG] (16) 0.5oz Mozzarella Cheese ¼ c Marinara Sauce (7) ½ c WG Pasta [1OEG](41) Milk (12)	4 oz 100% Juice (15) ½ c Fresh Apple(15) ½ c Kernel Corn (9) ½ c Cheesy Potatoes (10) 2 oz Turkey Ham with 2 oz Corn Bread [2OEG] (28) Milk (12)
25 Chicken Nuggets	26 BBQ Pizza Bite	27 Turkey & Cheese Wrap	28 Chicken Bowl	
4 oz 100% Juice (15) ½ c Applesauce(15) 1c BBQ Beans (52) 5 WG Chicken Nuggets [2MMA, 1OEG] (34) 1oz WG Cookie [1OEG] (18) BBQ Sauce (5) Milk (12)	4 oz 100% Juice (15) ¼ c Craisins (28) 1c Green Beans (10) 3 BBQ Pizza Bites[2MMA, 2OEG] (35) Milk (12)	4 oz 100% Juice (15) ½ c Banana (15) 1c Baby Carrots (20) 1.5oz Turkey 0.5oz American Cheese WG Tortilla [2OEG] (34) Mayo/ Ranch Milk (12)	4 oz 100% Juice (15) ½ c Berry Cup(15) ½ c Mashed Potatoes (10) ½ c Kernel Corn (9) 2 oz Popcorn Chicken [2MMA, 2OEG] (14) Gravy Milk(12)	***Menus Subject to Change***

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